

# US Amateur Radio Bands

## US AMATEUR POWER LIMITS

At all times, transmitter power should be kept down to that necessary to carry out the desired communications. Power is rated in watts PEP output. Except where noted, the maximum power output is **1500 Watts**.

Effective Date  
May 6, 2008

Published by:  
**ARRL** The national association for  
**AMATEUR RADIO™**  
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### KEY

**Note:**  
CW operation is permitted throughout all amateur bands except 60 meters.  
MCW is authorized above 50.1 MHz, except for 219-220 MHz.

Test transmissions are authorized above 51 MHz, except for 219-220 MHz

- = RTTY and data
- = phone and image
- = CW only
- = SSB phone
- = USB phone only
- = Fixed digital message forwarding systems only

- E = Amateur Extra
- A = Advanced
- G = General
- T = Technician
- N = Novice

See *ARRLWeb* at [www.arrl.org](http://www.arrl.org) for detailed band plans.

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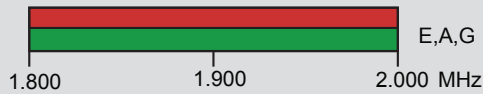
Getting Started in Amateur Radio:  
Toll-Free 1-800-326-3942 (860-594-0355)  
email: [newham@arrl.org](mailto:newham@arrl.org)

Exams: 860-594-0300 email: [vec@arrl.org](mailto:vec@arrl.org)

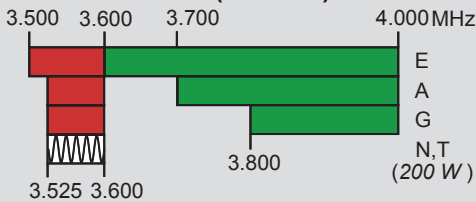
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### 160 Meters (1.8 MHz)

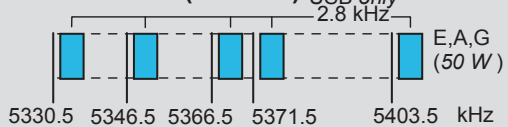
Avoid interference to radiolocation operations from 1.900 to 2.000 MHz



### 80 Meters (3.5 MHz)

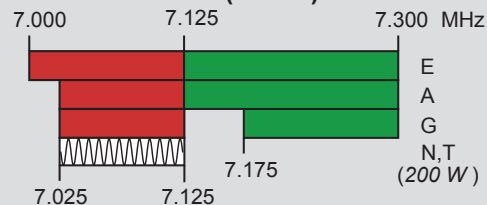


### 60 Meters (5.3 MHz)



General, Advanced, and Amateur Extra licensees may use the following five channels on a secondary basis with a maximum effective radiated power of 50 W PEP relative to a half wave dipole. Only upper sideband suppressed carrier voice transmissions may be used. The frequencies are 5330.5, 5346.5, 5366.5, 5371.5 and 5403.5 kHz. The occupied bandwidth is limited to 2.8 kHz centered on 5332, 5348, 5368, 5373, and 5405 kHz respectively.

### 40 Meters (7 MHz)



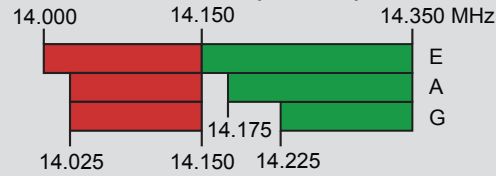
Phone and Image modes are permitted between 7.075 and 7.100 MHz for FCC licensed stations in ITU Regions 1 and 3 and by FCC licensed stations in ITU Region 2 West of 130 degrees West longitude or South of 20 degrees North latitude. See Sections 97.305(c) and 97.307(f)(11).  
Novice and Technician licensees outside ITU Region 2 may use CW only between 7.025 and 7.075 MHz and between 7.100 and 7.125 MHz. 7.200 to 7.300 MHz is not available outside ITU Region 2. See Section 97.301(e). These exemptions do not apply to stations in the continental US.

### 30 Meters (10.1 MHz)

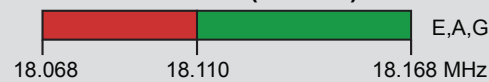
Avoid interference to fixed services outside the US.



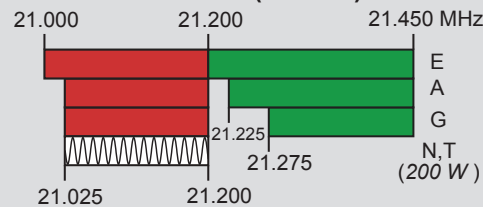
### 20 Meters (14 MHz)



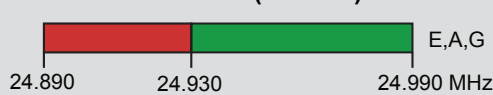
### 17 Meters (18 MHz)



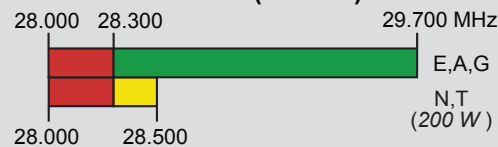
### 15 Meters (21 MHz)



### 12 Meters (24 MHz)



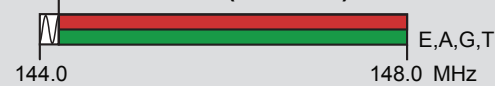
### 10 Meters (28 MHz)



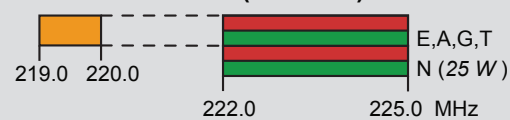
### 6 Meters (50 MHz)



### 2 Meters (144 MHz)



### 1.25 Meters (222 MHz)



\*Geographical and power restrictions may apply to all bands above 420 MHz. See *The ARRL Operating Manual* for information about your area.

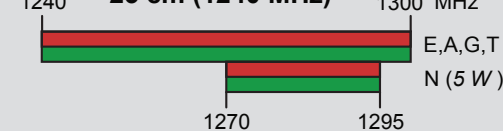
### 70 cm (420 MHz)\*



### 33 cm (902 MHz)\*



### 23 cm (1240 MHz)\*



All licensees except Novices are authorized all modes on the following frequencies:

2300-2310 MHz	10.0-10.5 GHz	122.25-123.0 GHz
2390-2450 MHz	24.0-24.25 GHz	134-141 GHz
3300-3500 MHz	47.0-47.2 GHz	241-250 GHz
5650-5925 MHz	76.0-81.0 GHz	All above 275 GHz